

2022 JIU JITSU & BOXING SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:30am							
8:00am							
8:30am						JIU JITSU 4-5 year olds	
9:15am						JIU JITSU 6-7 year olds	
10:15am						JIU JITSU 8-12 year olds	
11:15am						JIU JITSU Adults/Teens	
11:30am	BOXING Adults/Teens	Private/Group Lessons Available	BOXING Adults/Teens	Private/Group Lessons Available	BOXING Adults/Teens		
12:00pm							
3:00pm		Private/Group Lessons Available	Private/Group Lessons Available		Private/Group Lessons Available		
4:15pm	JIU JITSU 8-12 year olds	Private/Group Lessons Available	Private/Group Lessons Available	JIU JITSU 6-7 year olds	Private/Group Lessons Available		
5:15pm	JIU JITSU 4-5 year olds	JIU JITSU 6-7 year olds	JIU JITSU 8-12 year olds	JIU JITSU 4-5 year olds	Competition Training TBD		
6:15pm	JIU JITSU 6-7 year olds	JIU JITSU 8-12 year olds	JIU JITSU 6-7 year olds	JIU JITSU 8-12 year olds	Competition Training TBD		
7:15pm	JIU JITSU Adults/Teens	JIU JITSU Adults/Teens	JIU JITSU Adults/Teens	JIU JITSU Adults/Teens			